Competition and Racing Rules

1 Club Awards and Records

Club awards and records listed in Sections 2, 3 and 4 below are open only to Members of the Club who have paid a full subscription for the relevant year at the time of the event.

2 Competition Awards

Competition awards shall be made each year. Members competing for awards which involve rides must notify the Racing Secretary of details of same by 31st December. Proof of details so notified must be supplied by 31st December or as soon as possible thereafter.

3 Time-Trial (TT) Awards

3.1 Club Hill Climb

Awards for the fastest man and the fastest woman. This will be a Strava-based competition.

3.2 Club '10' TT League Shield

Awards for the fastest man and the fastest woman over a league of 16 races using the North Road Cycling Club 10-mile Brickendon circuit. Fastest rider for each race will be awarded 10 points per race, second fastest 9 points etc.

3.3 '10' Award Cup

Award for the fastest man and the fastest woman ride at 10 miles in any Club/Association/Open event during the year.

3.4 Diamond Jubilee Shield

Award for the fastest man and the fastest woman ride at 25 miles in any Club/Association/Open event during the year.

4 Road Racing Awards

[N.B. Rides in circuit races also count towards these awards.]

4.1 Best Road Race Performance

Trophies are awarded at the discretion of the General Committee to the best male and the best female member in Club/Association/Open racing events of any kind during the year.

4.2 Novice Road Racing Award

Award made at the discretion of the General Committee for the most improved novice rider in Club/Association/Open racing events of any kind during the year.

5 Track Racing Awards

Trophies are awarded at the discretion of the General Committee to the best male and the best female member in track racing events of any kind during the year.

6 Additional Awards

6.1 Outstanding Competitive Performance Trophy (The Rudkin Trophy)

Award made at the discretion of the General Committee for the best racing performance achieved by any member in Club/Association/Open events of any kind during the year.

6.2 Audrey Plumb Memorial Trophy

Award made at the discretion of the General Committee for the best competitive result by a woman.

6.3 Mountain Bike Award

Award made at the discretion of the General Committee for the best performance achieved by any Member in approved Mountain bike events, during the year.

7 Non-Competitive Awards

7.1 Pat Player Trophy

Award made to a person who has voluntarily given their time helping run club events and/or performing other tasks which promoted the club and the club members' enjoyment of cycling.

7.2 Outstanding Non-Competitive Performance Trophy

Award made at the discretion of the General Committee for the best non-racing performance achieved by any member.

7.3 Club Run Cup

Awarded to the Member who gained the most club run points on Sundays throughout the year between 3rd January and the Saturday before Christmas. No points are awarded for rides over the Christmas and New Year period.

7.4 Club Run Points

Club runs are primarily social events (not training runs or races) to encourage our members to ride. Secondly, they are a competition to recognise those that ride regularly. Therefore, the allocation of Club run points is aligned to support the prime purpose of our members enjoying riding together.

Club run points will be awarded for Club runs on either a Saturday or Sunday (to accommodate flexibility due to e.g. bad weather forecasts). A member will only be awarded a maximum of 2 points per weekend.

Medals are awarded to members who gain 60 or more points.

Club Runs with a Café stop

A member will be awarded 2 points as follows:

- 1 point for being at the designated start point at the start time
- 1 point for being at the café

A member will be awarded 1 point if they join the ride after the start and are at the café.

A member will be awarded 1 point if they start the ride at the start point and time but have to stop (e.g. a mechanical which is not able to be repaired).

Club Run with no café stop

A member will be awarded 2 points as follows:

- 1 point for being at the designated start point at the start time
- 1 point for completing greater than 50% of the run

A member will be awarded 1 point if they join the ride after the start and complete greater than 50% of the ride.

A member will be awarded 1 point if they start the ride at the start point and time but have to stop (e.g. a mechanical which is not able to be repaired).

No points will be awarded over the Easter weekend and between the last Saturday before Christmas Day and the end of the year.

8 Centenary Trophy

Awarded to the Member who has ridden the greatest aggregated distance in approved touring or other non-racing events, each event having a minimum distance of 50km.

Examples of approved events are CTC rides, Reliability rides, Randonnées, Sportives, recognised Club Rides/Tours and Charity rides.

In addition to the main Centenary Trophy there will be separate awards in each of three categories:

- Sportives
- Randonnées/Audax
- Charity Rides

9 Kickstarter Medal

Awarded to both a female and male Member who does the highest mileage in the month allocated to this event.

10 Tourist Trophy

Awarded to the winner of the annual map-reading competition and quiz.

11 On-line and Strava Awards

11.1 Monthly Strava Awards

Recognition for the winner of the monthly Strava-based competition. In both male and female categories separated into three categories:

- Road riding only
- Combined road and on-line/turbo riding
- Online/turbo riding only

11.2 On-line Awards (using software such as Zwift, Wahoo SYSTM, Rouvy etc.)

- Fastest Virtual TT race
- Longest on-line distance ride

12 Club Records and Standards

12.1 Recognising Claims

Records and Standards can only be claimed by members for rides in recognised events; i.e. Open, Association, Club or Inter-Club events, held under the rules and regulations of the appropriate governing body. Records and Standards can be claimed for Private time trials ridden in another club's event providing they are subject to the same standards of time-keeping and course accuracy as the recognised events listed above. No awards will be given for Veterans records, and no record will be considered if a better time or distance has already been achieved by a record holder of a greater age.

12.2 Notification of Place-To-Place Attempts

Record attempts for place-to-place must be notified to the Competitions Secretary SEVEN days BEFORE the attempt with details of the timekeeper(s), observers and marshals as necessary.

12.3 Notification of Standards

Claims for Standards by Members must be supported by acceptable evidence and be submitted to the Competitions Secretary. Claims must be made by 31st December to ensure presentation of medal(s) at the following Club Dinner. Standards are awarded on an annual basis. Claims are not affected by any standards awarded in the past.

12.4 New Records

Members who wish to claim Records NOT shown in the Club Records list must prove their rides to the satisfaction of the General Committee whose decision on establishing any new Event or Category is FINAL. Should a new Event or Category be thus recognised, the ride will constitute a standard for future record attempts, and it will be announced in the next Club email after the General Committee meeting. The latest record of the season will be entered in the following year's Handbook list. The "first" ride thus recognised will not merit an award as a Record.

12.5 New Standards

Standard times may be revised from time to time, but these will be submitted by the Competitions Secretary to the General Committee. Should a new time, event or category be thus recognised, it will not be available for competition until the following season.

13 Note

13.1

If there is any doubt as to interpretation of these Rules, times, course routes or distances, Members are advised to consult the Competitions Secretary before making an attempt at a Record or Standard. Any dispute will be resolved by the General Committee whose decision shall be final.

13.2

A List of Records achieved as at the conclusion of the preceding year and a list of the latest standards are shown on the club website.